Hi my Society friends,

'It's all Good' ...

Had 2 people yesterday suggest that I sent out an email to bring people up-to-speed on the situation ... I had put a post on Facebook Society page, but there are a lot of you that aren't on Facebook, that's why I'm sending this now ...

Had a health episode (not heart or anything), but my Specialist told me the day I was due to fly to Africa - You're not flying anywhere ... which was at the least, a shot between the eyes, after 18 months of planning and preparation.

But I am a fatalist - things happen for a reason, and only days later, I would have been in the middle of Africa, 100's of km's away from the most basic health care, and that would not have been good ... so thinking of the positives.

Going into hospital Friday for some tests, so thinking positive moving forwards.

Thanks again to all my friends for your concern - Africa will still be there next year, and I'll be there then,

Greg